



Republika ng Pilipinas
KAGAWARAN NG KALUSUGAN
PAMBANSANG SANGGUNIAN SA NUTRISYON
(NATIONAL NUTRITION COUNCIL)
Cordillera Administrative Region
Dairy Farm Compound, Sto. Tomas Road, Baguio City



RNC-CAR Resolution No. 3
Series of 2016

**ENCOURAGING LGUs, DEPARTMENT OF AGRICULTURE, SUCs, NGOs AND OTHER
DEVELOPMENT AGENCIES IN THE CORDILLERA ADMINISTRATIVE REGION
TO PROMOTE THE PRODUCTION AND CONSUMPTION OF INDIGENOUS
FOOD CROPS, NATIVE LIVESTOCK AND ENDEMIC FISHES AS MEANS
TO ENSURE FOOD SECURITY AND PROMOTE GOOD NUTRITION**

WHEREAS, the 2013 National Nutrition Survey of the DOST-FNRI shows a high prevalence of stunting, a chronic form of undernutrition among 0-5 years old in CAR at 32.4% and increased prevalence of underweight and wasting across all ages in the region from the 2011 survey;

WHEREAS, the Cordillera has high incidence of malnutrition which can be aggravated by food insecurity;

WHEREAS, the indigenous food crops such as sweet potato, taro, cassava, watercress, amti, kalunay, kunde, agayap, dayap and others, native animals and endemic fishes which comprise the diet of Cordillerans in the past are nutritious and safe;

WHEREAS, the changing dietary pattern of the Cordillerans towards the consumption of processed and imported foods have some negative health effects and lead to the neglect of indigenous food crops, native livestock and endemic fishes;

WHEREAS, the indigenous food crops, native animals and endemic fishes are suitable for urban/backyard and organic farming because they are tolerant to environmental stresses and resistant to pests and diseases;

WHEREAS, promotion of these indigenous food crops, native livestock and endemic fishes can ensure food security, source of livelihood for the rural poor and source of good nutrition;

WHEREAS, production and consumption of food crops, native livestock and endemic fishes can lead to: 1) lowered incidence of malnourished individuals at all ages; 2) increased availability of local food commodities with less dependence to processed and imported foods; 3) increased income of the rural poor producing organically grown food;

WHEREAS, promoting these commodities will help in the conservation of their biodiversity in the Cordillera and help sustain the resiliency of Cordilleran communities against food insecurity;

NOW THEREFORE, ON MOTION DULY SECONDED, BE IT;

RESOLVED, AS IT IS HEREBY RESOLVED, that the RNC encourage the LGUs, Department of Agriculture, State Universities and Colleges (SUCs), Non-Government Organizations (NGOs) and other development agencies in the Cordillera Administrative Region to promote the production and consumption of indigenous food crops, native livestock and endemic fishes as means to ensure food security and promote good nutrition.

RESOLVED FURTHER, that copies of this resolution be furnished to the local government units, line agencies, SUCs and NGOs in the Cordillera region for their information and appropriate action.

RESOLVED FINALLY, that this resolution be elevated to the Regional Development Council for appropriate action.

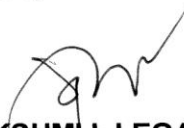
APPROVED this 10th day of February in Baguio City, Philippines.

Certified true and correct:



RITA D. PAPEY
Regional Nutrition Program Coordinator
National Nutrition Council-CAR

Approved by:



DIR. LAKSHMI I. LEGASPI, MD, RN, MAN
Director IV, DOH-CAR Regional Office
and Chair, Regional Nutrition Committee